

## Settling in Policy

I understand that each child and set of circumstances is different and all children and parents will adapt to settling in with me differently.

It is a process which is important to get right and there is no set formula for each family. We will in all cases talk together and put together a process which feels comfortable for all those involved.

I offer as standard two settling in sessions free of charge. The initial one will be approximately one hour and the second one for two hours. Additional settling in sessions can be booked if it is felt they are needed, after discussion a charge may be made for these.

I am happy during these sessions that the parent is present. In fact it is the ideal opportunity for you to provide me with lots of information about your child, their likes and dislikes, routines, favourite activities, how to comfort them when they are upset and how they have reacted when they have been left before. Settling in sessions are not just for the child they are about everyone feeling settled, and a chance for me to understand both parents and child's needs and wishes. It is important that you and your child are relaxed in my home and with the care I provide.

Reviewed: *January 2022*